

2022 GREAT FLORIDIAN TRIATHLON - START TIMES*

* Triathlon age is
based on your age on
12/31

WAVE	START TIME	CAP COLOR	RACE	DESCRIPTION
1	7:30 AM	LT BLUE YELLOW	ULTRA	ALL INDIVIDUAL, AQUABIKE, RELAY, 2.4 SWIMMERS
2	8:15 AM	GREEN	GFT HALF	ALL AGE GROUP WOMEN & ATHENA
3	8:25 AM	WHITE	GFT HALF	ALL AGE GROUP MEN & CLYDESDALE
4	8:27 AM	N/A	GFT HALF	ALL LONG COURSE DUATHLETES
5	8:30 AM	RED	GFT HALF	HALF AQUABIKE, RELAY, 1.2 SWIM
6	9:15 AM	SILVER	SPRINT	ALL COLLEGIATE ATHLETES
7	9:18 AM	PURPLE	SPRINT	AGE GROUP MEN 44 & UNDER, PARATRIATHLETES
8	9:20 AM	N/A	SPRINT	SPRINT DUATHLON
9	9:22 AM	ORANGE	SPRINT	AGE GROUP MEN 45 & OVER, CLYDESDALES
10	9:25 AM	PINK	SPRINT	AGE GROUP WOMEN, ATHENA
11	9:28 AM	YELLOW	SPRINT	ALL AQUATHLON, FRIENDSHIP WAVE
12	6:30 PM	N/A	HALF MARATHON	SUNSET HALF MARATHON RUNNERS